Telephone triage protocols for your women's health practice.

As these protocols are intended for daytime use, the first question in every protocol will ask the user if the patient is calling during normal office hours, if the answer is 'no' the user will not be able to advance.

age	
	a
Target: Term OB patient who reports contractions and/or signs and symptoms of labor	
1. Is the patient calling during normal office hours? *	
⊖ Yes	
No	
Clear	
The use of this protocol after-hours is prohibited.	
	Complete

In addition, users are able to log in to the application at any time, but protocol access is only available between 0700 and 1800 Monday through Friday, excluding holidays.

As the user navigates through the protocol, they will encounter some questions that are excluded from the report results. The information in these questions is information that would already be contained in the patient's chart and is not necessary to include in the triage notes.

In the example below, the excluded question is the patient's gestational age. This is a logic/branching question that will take the user down the appropriate pathway based on the selected gestational age.

ge		
Target	:: Term OB patient who reports contractions and/or signs and symptoms of labor.	
1. Is	the patient calling during normal office hours? *	
\bigcirc	Yes	
\bigcirc	No	
	Clear	
2. G {#Exc	estational Age * ludedFromReport#}	
\bigcirc	20w0d-36w6d	
\bigcirc	37w0d or greater	
	Clear	
		nnlete

Use the next button to continue to advance in the protocol.

		Clear
Targe	t: Term OB patient who reports contractions and/or signs and symptoms of labor.	
1. Is	s the patient calling during normal office hours? *	
\bigcirc	Yes	
\bigcirc	No	
	Ciear	
2.G {#Exc	Restational Age * cludedFromReport#}	
\bigcirc	0w1d-19w6d	
\bigcirc	20w0d-36w6d	
\bigcirc	37w0d or greater	
	Ciear	
		Next

Questions that contain an asterisk are required and must be answered before the protocol can be completed.

\bigcirc	Yes
\bigcirc	No
C	Slear
4 . An TOLAC section ivery at	nticipated Delivery Type; Patient Reports * 2: Trial of Labor After Caesarean. This is the designation for a patient who has had a previous C- n and will be attempting a vaginal delivery. VBAC: Vaginal Birth After Caesarean. This is the designation for a patient who has had a successful vaginally fter a previous C-section. If your patient states that she plans to attempt a VBAC choose the TOLAC option.
4. An TOLAC sectior ivery af	nticipated Delivery Type; Patient Reports * C: Trial of Labor After Caesarean. This is the designation for a patient who has had a previous C- n and will be attempting a vaginal delivery. VBAC: Vaginal Birth After Caesarean. This is the designation for a patient who has had a successful vaginally of fter a previous C-section. If your patient states that she plans to attempt a VBAC choose the TOLAC option. Vaginal
4. An TOLAC sectior ivery af	tricipated Delivery Type; Patient Reports * D: Trial of Labor After Caesarean. This is the designation for a patient who has had a previous C- and will be attempting a vaginal delivery. VEAC: Vaginal Birth After Caesarean. This is the designation for a patient who has had a successful vaginally for a previous C-section. If your patient states that she plans to attempt a VBAC choose the TOLAC option. Vaginal C-section

Many protocols contain a quick call question. This is what we refer to as a quick out for the nurse and patient. These are patients who meet all the criteria for evaluation.

	Clear
5. Labor Quick Call; Anticipated Vaginal Delivery; Patient Reports	
 actions every 3-5 minutes for 1 hour or longer, and lasting 45-60 seconds in duration, and inability to walk, talk, and breathe through contractions * A 'yes' answer will lead to recommended evaluation. 	
Yes	
O No	
Clear	
Evaluation Recommended	

A 'no' answer to the quick call question will allow the user to continue to navigate through the protocol flow. As the user proceeds through the protocol, there are other areas where evaluation may be recommended

		Cle
5. La	bor Quick Call; Anticipated Vaginal Delivery; Patient Reports	
1) con 2) last 3) inal A 'yes'	tractions every 3-5 minutes for 1 hour or longer, and ting 45-60 seconds in duration, and bility to walk, talk, and breathe through contractions * answer will lead to recommended evaluation.	
\bigcirc	Yes	
\bigcirc	No	
(Clear	
6.Va	ginal Bleeding; Patient Reports *	
\bigcirc	Yes	
\bigcirc	No	
0	Clear	

Many questions contain logic. For instance, if 'yes' is selected in the vaginal bleeding question, additional evaluation questions regarding bleeding will display.



If 'no' is selected, the protocol will bypass additional questions related to vaginal bleeding.



To allow for flexibility and the use of nursing judgment, many protocols have a Nursing Judgment Override question.

12 . It sta	Nursing Judgment/Labor Parameter Override; Patient Reports * nds to reason that any patient experiencing symptoms with more pain than anticipated should be evaluated.
\bigcirc	History of rapid labor and/or precipitous delivery
\bigcirc	Alternate contraction parameters were given to the patient
\bigcirc	Maternal pregnancy complications which require intervention during labor
\bigcirc	Fetal abnormalities which require intervention at delivery
\bigcirc	Multiple gestation pregnancy
\bigcirc	Non-vertex fetal presentation
\bigcirc	Patient is a significant distance from the hospital
\bigcirc	Nursing judgment has determined that the patient should seek evaluation
\bigcirc	
Patie	ent denies that she has a history of rapid labor/precipitous delivery, was given alternate contraction parameters, has fetal or maternal complicati
ons,	is a significant distance from the hospital, has a non-vertex fetal presentation, or is carrying multiples.
	Clear

The user is able to use the 'previous' button to navigate back to a previous page and/or set of questions, however, they must clear all of their previously selected answers so that they are not included on the generated report.

12 .	Nursing Judgment/Labor Parameter Override; Patient Reports *
O	History of rapid labor and/or precipitous delivery
\bigcirc	Alternate contraction parameters were given to the patient
\bigcirc	Maternal pregnancy complications which require intervention during labor
\bigcirc	Fetal abnormalities which require intervention at delivery
\bigcirc	Multiple gestation pregnancy
\bigcirc	Non-vertex fetal presentation
\bigcirc	Patient is a significant distance from the hospital
\bigcirc	Nursing judgment has determined that the patient should seek evaluation
\bigcirc	
Patie	nt denies that she has a history of rapid labor/precipitous delivery, was given alternate contraction parameters, has fetal or maternal complicati
ons, i	s a significant distance from the hospital, has a non-vertex fetal presentation, or is carrying multiples.
	Clear
_	
Pre	vious
_	

To clear a question, for single select questions, use the green 'clear' button and for multi-select questions, uncheck the selected answer. To clear the answers to all questions and start the protocol over, click the yellow 'clear' button near the top right.

iage	
	Cle
Target: Term OB patient who reports contractions and/or signs and symptoms of labor.	
1 . Is the patient calling during normal office hours? *	
Yes	
O No	
Clear	
2. Gestational Age * {#ExcludedFromReport#}	
O 0w1d-19w6d	
O 20w0d-36w6d	
37w0d or greater	
Clear	
	Next

Every protocol includes required and optional teaching blocks. Teaching blocks that are not required will have an associated preamble directing the user.

We include a significant amount of teaching in every protocol. The user does not need to select all teaching statements. They should only select teaching that is appropriate for their patient.

In addition, every teaching block includes an 'other' option where the user can add additional teaching as needed.

13 . Anticipated Vaginal Delivery Patient Instructions *
Comfort measures reviewed and encouraged.
Information provided on early labor, prodromal labor, and Braxton Hicks contractions.
Patient to call back for (1) contractions every 3-
5 min x 1 hour or more; (2) inability to walk/talk/breathe through contractions; (3) any amount of vaginal bleeding; (4) decreased fetal movement; (5)
suspected rupture of membranes or leaking of fluid.
Other
Freehand additional teaching
14. OB Vaginal Bleeding Patient Instructions This teaching is not required. Bypass if not applicable for your patient.
Teaching provided regarding the increase in blood supply to the cervix and vagina during pregnancy.
It is normal to experience some vaginal spotting after intercourse, a vaginal exam, or with an active vaginal infection.

Once the protocol assessment is complete, the user will select the 'continue' button to proceed to the Call Handling/Disposition portion of the protocol.



1.F This o	Collow Up Patient Instructions * question addresses teaching you provided to the patient.
\bigcirc	Patient instructed to keep next scheduled appointment
\bigcirc	Same day appointment scheduled
\bigcirc	Future appointment scheduled
\bigcirc	Patient to present to the hospital for treatment and evaluation
\bigcirc	Present to urgent care for treatment and evaluation
\bigcirc	Call PCP or alternate provider for treatment and evaluation
\bigcirc	Referral provided
\bigcirc	Other
	Claar
	Ciedr

At the end of the protocol, the user can use the Nursing Notes section to add additional information, however, this is not required, and the user can bypass.

3 . Call Disposition *				
RN Reso	blved			
Triage Sta	aff Resolved			
O Provider	Consult			
Clear				
4. Nursing Notes This guestion is not required. Bypass if not applicable.				

Selecting the 'complete' button will complete the protocol flow.

If a required question is not answered, the user will receive an alert and must make a selection before they can complete the call.

13 . Anticipated Vaginal Delivery Patient Instructions *
Please answer the question.
Comfort measures reviewed and encouraged.
Information provided on early labor, prodromal labor, and Braxton Hicks contractions.
Patient to call back for (1) contractions every 3-
5 min x 1 hour or more; (2) inability to walk/talk/breathe through contractions; (3) any amount of vaginal bleeding; (4) decreased fetal movement; (5)
suspected rupture of membranes or leaking of fluid.
Other



The outcome of the protocol will generate in a separate browser tab/window.

You can view as a PDF and save to file for import into the patient's chart.



Contraction Onset; Patient Reports

- Less than an hour

You can copy the protocol questions and answer and paste into the notepad in the patient's chart.

View PDF

Labor Assessment Is the patient calling during normal office hours? - Yes Rupture of Membranes; Patient Reports - No Anticipated Delivery Type; Patient Reports - Vaginal Labor Quick Call; Anticipated Vaginal Delivery; Patient Reports 1) contractions every 3-5 minutes for 1 hour or longer, and 2) lasting 45-60 seconds in duration, and 3) inability to walk, talk, and breathe through contractions - No Vaginal Bleeding; Patient Reports - No Fetal Movement; Patient Reports - Normal fetal movement **Contraction Frequency; Patient Reports** - Irregular contractions **Contraction Onset; Patient Reports** Less than an hour